MDR Tracking Number: M5-04-3459-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective June 17, 2001 and Commission Rule 133.305 titled Medical Dispute Resolution - General and 133.308 titled Medical Dispute Resolution by Independent Review Organizations, the Medical Review Division (Division) assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent. The dispute was received on June 10, 2004.

The Division has reviewed the enclosed IRO decision and determined that **the requestor did not prevail** on the issues of medical necessity. The IRO agrees with the previous determination that the office visits, joint mobilization, myofascial release, lumbar range of motion measurement, physical performance test, diathermy, large cryopack, analgesic balm, massage therapy and therapeutic exercises from 06-11-03 through 07-01-03 **were not found** to be medically necessary. Therefore, the requestor is not entitled to reimbursement of the IRO fee.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

This dispute also contained services that were not addressed by the IRO and will be reviewed by the Medical Review Division.

On July 16, 2004, the Medical Review Division submitted a Notice to requestor to submit additional documentation necessary to support the charges and to challenge the reasons the respondent had denied reimbursement within 14 days of the requestor's receipt of the Notice.

In accordance with Rule 129.5, the requestor submitted relevant information to support delivery of service for CPT code 99080-73 (work status report) on date of service 06-12-03. The carrier denied this service for unnecessary medical treatment based on a peer review however, the TWCC-73 is a required report and is not subject to an IRO review. The Medical Review Division has jurisdiction in this matter and therefore, recommends reimbursement in the amount of \$15 in accordance with the Medical Fee Guidelines.

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20-days of receipt of this Order. This Order is applicable to date of service 06-12-03 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this 15th day of September 2004.

Patricia Rodriguez
Medical Dispute Resolution Officer
Medical Review Division

PR/pr

August 5, 2004

Texas Workers' Compensation Commission Medical Dispute Resolution

Fax: (512) 804-4868

Re: Medical Dispute Resolution

MDR #: M5-04-3459-01

TWCC#:

Injured Employee:

DOI: SS#:

IRO Certificate No.: 5055

Dear

___ has performed an independent review of the medical records of the above-named case to determine medical necessity. In performing this review, ___ reviewed relevant medical records, any documents provided by the parties referenced above, and any documentation and written information submitted in support of the dispute.

I am the Secretary and General Counsel of ____and I certify that the reviewing healthcare professional in this case has certified to our organization that there are no known conflicts of interest that exist between him and any of the treating physicians or other health care providers or any of the physicians or other health care providers who reviewed this case for determination prior to referral to the Independent Review Organization.

Information and medical records pertinent to this medical dispute were requested from the Requestor and every named provider of care, as well as from the Respondent. The independent review was performed by a matched peer with the treating health care provider. This case was reviewed by a physician who is certified in Chiropractic Medicine and is currently on the TWCC Approved Doctor List.

REVIEWER'S REPORT

Information Provided for Review:

TWCC-60, Table of Disputed Services, EOB's

Information provided by Requestor: letter of medical necessity, office notes, daily progress notes, therapeutic procedures, range of motion report and radiology reports. Information provided by Respondent: correspondence and designated doctor exam.

Clinical History:

Patient underwent extensive physical medicine treatments, MRI, CT, EMG, NCV, epidural steroid injections and lumbar surgery after he fell at work on ____.

Disputed Services:

Office visits, joint mobilization, myofascial release, lumbar range of motion measurement, physical performance test, diathermy, large cryopack, analgesic balm, massage therapy and therapeutic exercises from 06/11/03 thru 07/01/03.

Decision:

The reviewer agrees with the determination of the insurance carrier and is of the opinion that the treatment and services in dispute as stated above were not medically necessary in this case.

Rationale:

Expectation of improvement in a patient's condition should be established based on success of treatment. Continued treatment is expected to improve the patient's condition and initiate restoration of function. If treatment does not produce the expected positive results, it is not reasonable to continue that course of treatment. In this case, there is no documentation of objective or functional improvement in this patient's condition and no evidence of a change of treatment plan to justify additional treatment in the absence of positive response to prior treatment. There is also no documentation in the 06/12/04 treatment notes to document that an exacerbation actually occurred. In fact, the patient's pain rating was 6 on 06/06/03, 6 on 06/11/03 and only "moderate" on 06/12/03 – thus failing to document that the patient's pain had increased.

According to the Medicare Guidelines, if a patient's expected restoration potential is insignificant in relation to the extent and duration of the physical medicine services required to achieve such potential, the services are not considered reasonable or necessary. In this case, the medical records indicate that the patient obtained no relief from the treatments (pain ratings increased to 7 after 06/12/03), promotion of recovery was not accomplished and there was no enhancement of the employee's ability to return to employment. In fact, the patient ultimately underwent surgery – as predicted by the IME doctor on 08/26/03 and certainly predictable by the treating doctor – indicating that the treatment in question was both ineffective and medically unnecessary.

Sincerely,